

Community Health in Oaxaca, Mexico: Program Overview

Study Abroad

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New Brunswick, New Jersey

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Acknowledgements for Support and Funding

- Rutgers Study Abroad Program
- Pro World International and Mexico Offices
- Executive Dean and Dean for International Programs, School of Environmental and Biological Sciences
- Executive Dean and Dean for International Programs, School of Arts and Sciences
- Center for Latin American Studies

Peter Guarnaccia, Program Leader

- Medical Anthropologist -- received his Ph.D. in 1984 from the University of Connecticut
- Professor in the Department of Human Ecology at the School of Environmental and Biological Sciences
- Investigator at the Institute for Health, Health Care Policy and Aging Research at Rutgers University
- Completing 25 years as a Professor at Rutgers
- Has worked in Mexico for many years
 - Undergraduate fieldwork in Chiapas in 1970's
 - Graduate research in the state of Mexico in 1983 (lived for 6 months)
 - 3 trips to Oaxaca in past 3 years for research, program development, and planning the Study Abroad program
 - Directed program last summer

ProWorld Mexico, Our Partner

- ProWorld's mission is to empower communities, promote social and economic development, conserve the environment, and cultivate educated, compassionate global citizens.
- ProWorld Mexico provides on-site support for our study abroad program and connections to the community health projects we will work with.
- ProWorld Mexico works with these community partners on a year-round basis.

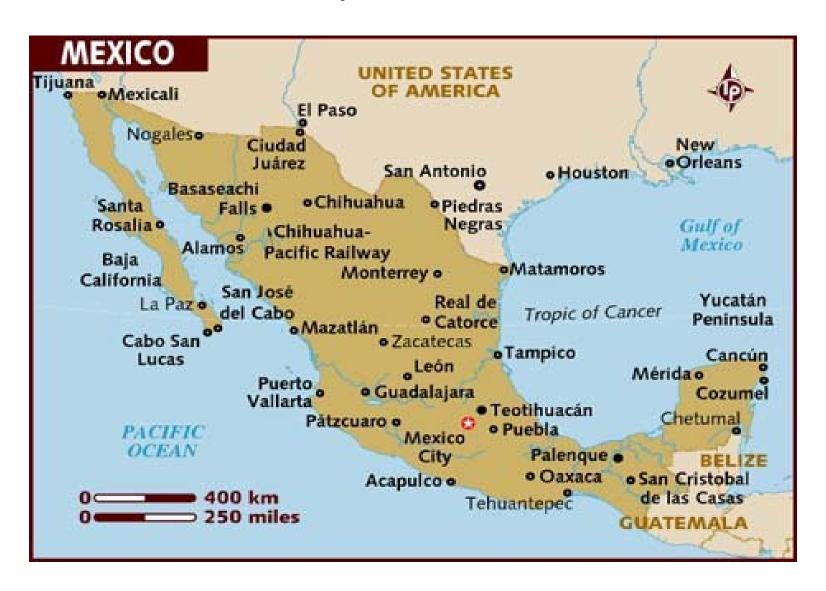
Group @ Pro World



State of Oaxaca

- Rich state in cultural diversity
 - Home of Mixtec and Zapotec peoples
 - Many famous archeological sites
 - Largest number of indigenous language speakers of any state in Mexico
- Rich tradition of crafts: weaving, ceramics, woodcarving, baskets
- Famous for regional dances and festivals
- One of poorest states in Mexico
- Most immigrants to New Brunswick are from Oaxaca
- Far from sites of recent violence in Mexico

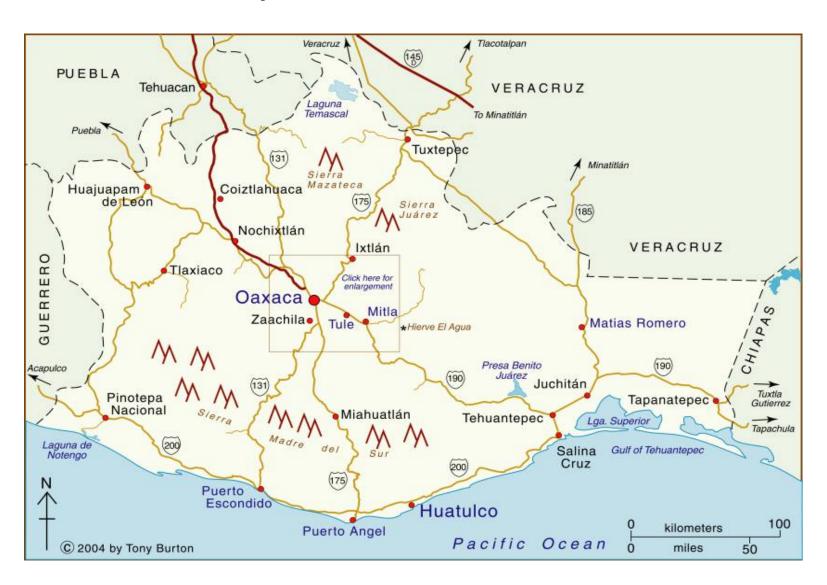
Map of Mexico



Oaxaca City

- Named a World Heritage site in 1987 by UNESCO for its rich archeological and colonial history and architecture, its climate and cuisine
- Wonderful climate: about 5,000 feet above sea level
- Very walkable city with beautiful plazas, great cafes and restaurants, and rich cultural resources
- About 5 hours by bus and 1 hour by plane south of Mexico City
- Base for our program this summer

Map of Oaxaca State



PROGRAM OVERVIEW

Key Elements of the Program

- Monday morning seminar on medical anthropology of Mexico
 - Will read 4 classic ethnographies should be purchased and brought to Mexico
- Tuesday through Thursday mornings community service in a range of health projects
- Tuesday through Thursday late afternoons Spanish classes with emphasis on medical Spanish
- Friday morning integrative reflection seminar to pull together all the experiences
- Homestays with middle class Mexican families
 - Will get meals with families
- Visits to cultural and community sites on weekends
- 6 credits from Rutgers Study Abroad for all these activities
- See syllabus for more details

Key Elements of the Program

- Dates: June 8 July 10 [arrive June 8; depart July 10]
- Fly directly to Oaxaca City airport
 - Continental has flights from Newark that connect in Houston and then fly directly to Oaxaca
 - Can also fly to Mexico City and then connect to Oaxaca on Mexicana
- Get tourist card application on plane and approved at airport
 - Very simple process
 - Do not need to get a visa ahead of time
 - Do need your passport
- Will be met at Oaxaca airport by ProWorld program staff
- I will already be in Oaxaca
- During orientation stay all together in a hostel
- Then go to homestay families

Amigos del Sol Language Institute



Ministry of Health Clinic in Vicente Guerrero, one of community service sites



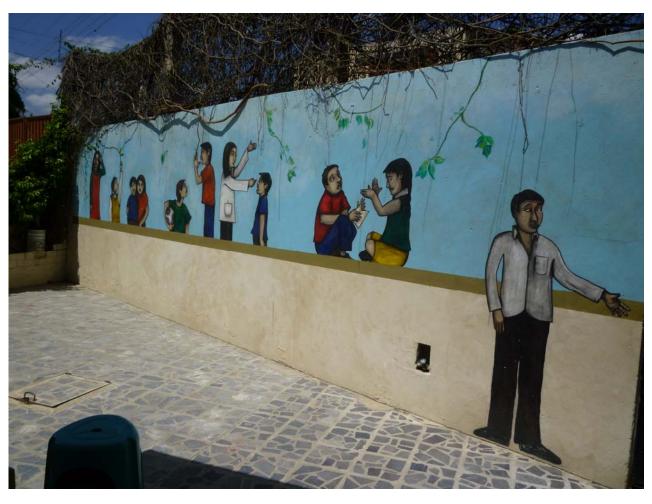
Clinica San Antonio



Clinica del Pueblo, founded by priest in Washington state, another service site



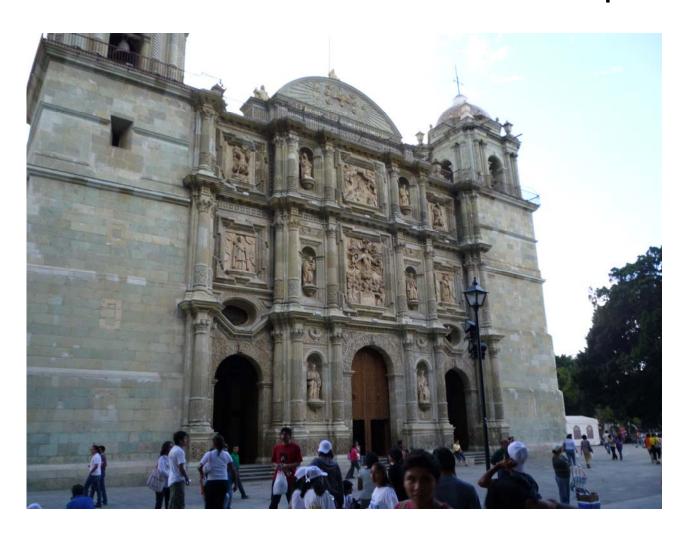
School for Children with Hearing Impairments, another service site



Casa Hogar para Ancianos



Cathedral in Oaxaca, next to main plaza



Range of fruits in the market



Monte Alban, archeological site we will visit



Weaving village of Teotitlan del Valle, another cultural visit



Weavings



Benito Juarez Map



Health & Safety

Hospital Reforma, key health care resource recommended by ProWorld and BCBS partner



Schedule

Be Informed about Safety Issues in the Country and City

Avoid High Risk Activities

Be Prepared to Respond to Emergencies

Minimize Risk of Crime and Violence

Be Able to Communicate at All Times

Take Care of your Health

Make Sure your Mode of Transport is safe

Rutgers Insurance

Informed



Insurance

Security Brief



Country

Spain is divided into 17 autonomous communities. Each region has its own rights, elected officials, and justice system. The Spanish government is a parliamentary monarchy, headed by King Juan Carlos I who is credited with ushering the country into democracy after decades of dictatorship. Prime Minister José Luis Rodríguez Zapatero was elected in 2004 in a surprise victory for the Socialist party. In a controversial move, Zapatero pushed Parliament to pass a motion calling for peace talks with the Basque separatist group ETA. The group's resumption of violence in December 2006 prompted Zapatero to issue an apology for being mistaken and overly optimistic over the prospects for peace talks with Basque separatists, adding that there would be no dialogue with the group if its members engaged in violence. After ETA officially declared an end to its ceasefire in June 2007, Zapatero labeled the move as a mistake and urged the group to abstain from violence. Despite these major setbacks, resolving the Basque conflict remains a priority for the administration. Under Zapatero's leadership, Spain's Parliament also approved greater autonomy for Catalonia following the region's controversial referendum in June 2006.

City

Madrid, a major international tourist destination, is Spain's financial and political capital. The primary tourist area, called "El Centro," is fairly small, and bordered by Campo del Moro to the west and Parque del Buen Retiro to the east. Many of the large hotels, banks, and government offices are located near the city's center and are within walking distance of one another.

Emergency Planning



Student Emergency Information Card

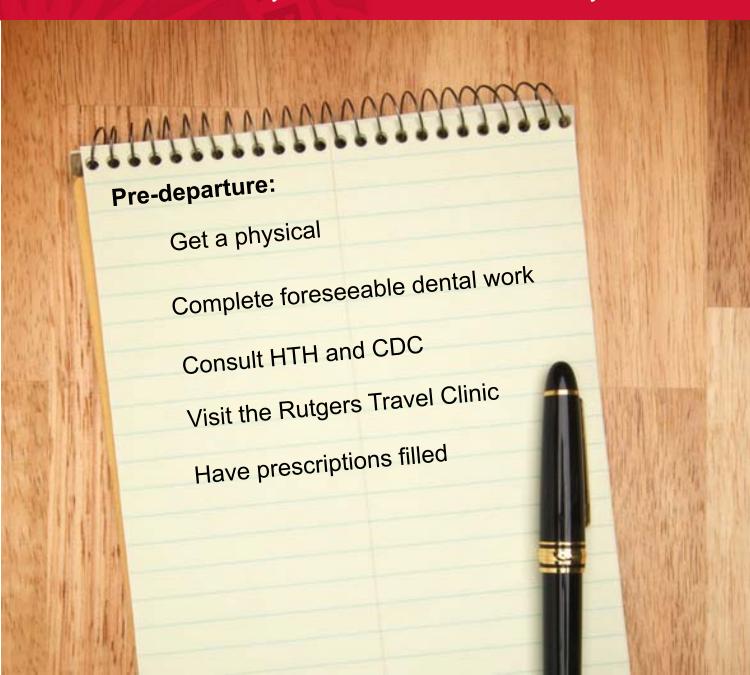
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Avoid High Risk Activities



Be Able to Communicate At All Times





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Contracted Physicians



> PROVIDER PROFILE

Health Provider: Nicola Maffulli, MD, MS, PhD, FRCS

(Ortho.)

Specialties: • Orthopedic Surgery

Sports Medicine

Languages: English, Italian, Spanish, French

Medical Education/Certification

Medical School: Universita di Napoli, Italy, 1983
Internship: University of London, England
Residency: University of Aberdeen, Scotland

Additional

Professional Great Ormond Street Hospital Children's Hospital, England

Training:

Board Certification: Fellow, Royal College of Surgeons, UK, 1993

Additional Information

Additional Information

Professional Interests and Honors:

Recruited by HTH Medical Staff. Professor Maffulli received a PhD in Sports and Exercise medicine from the University of London in 1992, where he also received a Master of Surgery in Orthopedic Surgery in 1998. He also studied Pediatric Orthopedics at the Chinese University of Hong Kong and at the Hospital for Sick Children in London. Professor Maffulli is a member of the American Orthopedic Society for Sports Medicine, the British Orthopaedic Association, The British Orthopaedic Sports Trauma Association, the British Association of Sports and Exercise Medicine, the International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine, and the European Society for Surgery of the Knee and Arthroscopy. He was awarded a prize for his research by the British Orthopaedic Assosciation in 1993. Professor Maffulli also participated in several travelling fellowship programs including the American Orthopaedic Society for Sports Medicine in 1997, the American, British and Canadian Orthopaedic Associations in1998, and the British Association of Sports and Exercise Medicine in 2000. He will make house calls. Professor Maffulli's patients include elite UK rugby, track and field and marshall arts athletes in the UK. His patients also include members of the UK's Premier Soccer League, notably Jaap Stam formerly of the Manchester United and David Batty of Leeds United. Professor Maffulli will make house calls.

- < Hospital Affiliations >
- < Special Services >
- < Personal Interests and Hobbies >

Contact

Office Address: North Staffordshire Nuffield Hospital

Clayton Road

Newcastle under Lyme ST5 4DB

England

Pharmacies



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back to: Madrid, Spain

Health Information for Spain

Pharmacy Information

In Spain, what is known as a pharmacy in the United States is referred to as a 'farmacia.' Pharmacies are also recognizable by a green flashing cross displayed outside or within the store window.

The pharmacies in Spain are, in general, reliable. That is, they dispense the proper medications and the drugs themselves are of a U.S./Western level of quality. Pharmacies in Spain can be used for all of your prescription and over-the-counter drug needs. Though generally similar to the system in the United States, with prescriptions required for most drugs, there are some that one can buy over-the-counter through a pharmacist. An example is an antibiotic.

Similar to the United States, pharmacists cannot distribute prescription medications without authorization from a doctor. However, many drugs that require a prescription in the United States are available without prescription in Spain. It should be noted that the relative selection of medications for discomfort needs is smaller than that in the United States. While prescription medications are only available at pharmacies, some medications for discomfort needs can be found in a variety of places such as supermarkets.

Not all pharmacies are open 24 hours daily, Instead, there is a rotating schedule of open pharmacies. A listing of local pharmacies open outside of regular business hours can be found through several means, including a posting outside of every pharmacy titled "Farmacias del Guardia." newspaper listings, under the same title, or consulting your hotel concierge. There are no chains of pharmacies in Spain. Instead, each pharmacy is individually owned by a licensed pharmacist, and offers reliable services and medications. Many pharmacies will have English speaking staff, particularly those in tourist areas.

Hospitals and Clinics



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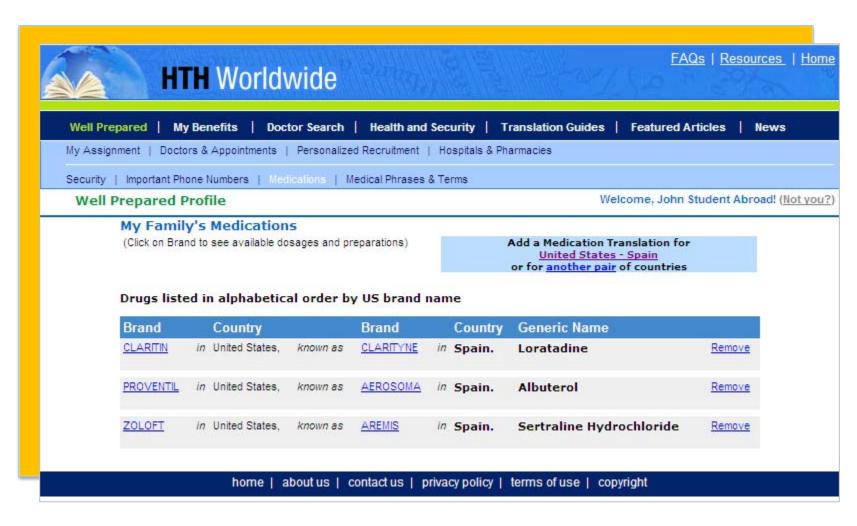
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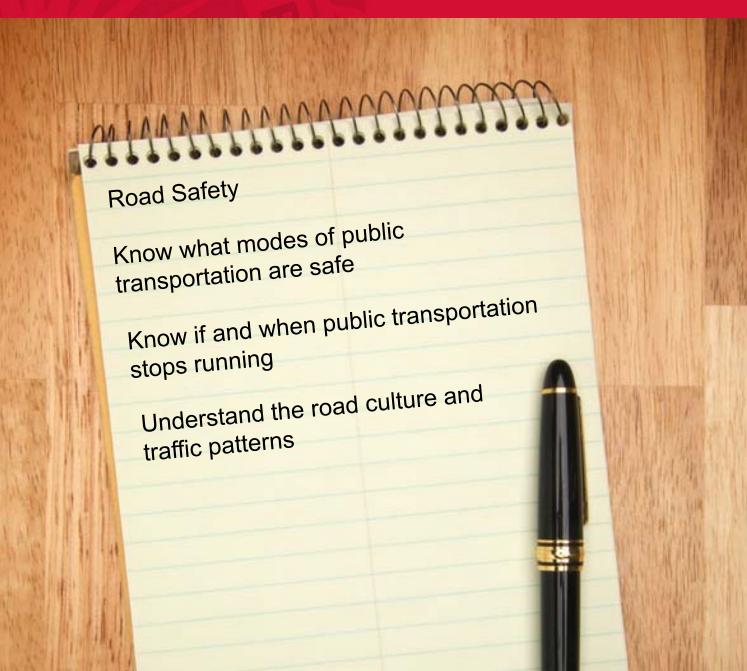
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Insurance

Medications



Transportation Safety



Rutgers Study Abroad 24 hour Emergency Assistance



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